

## Self Sufficiency Matrix

Assessment Date: \_\_\_\_\_

Assessment Type:   Entry  
                          Monthly  
                          Exit  
                          Other

Comments:

Income:               1 – No income  
                          2 – Inadequate income and/or spontaneous or inappropriate spending  
                          3 – Can meet basic needs with subsidy; appropriate spending  
                          4 – Can meet basic needs and manage debt without assistance  
                          5 – Income is sufficient, well managed; has discretionary income and is able  
  to save

Employment:         1 – No job  
                          2 – Temporary, part-time or seasonal; inadequate pay; no benefits  
                          3 – Employed full-time; inadequate pay; few or no benefits  
                          4 – Employed full-time with adequate pay and benefits  
                          5 – Maintains permanent employment with adequate income and benefits

Shelter:              1 – Homeless or threatened with eviction  
                          2 – In transitional, temporary or substandard housing  
                          3 – In stable housing that is safe but only marginally adequate  
                          4 – Household is safe, adequate, subsidized housing  
                          5 – Household is safe, adequate, unsubsidized housing

Food:                 1 – No food or means to prepare it. Relies to a significant degree on other  
  sources of free or low-cost  
                          2 – Household is on food stamps  
                          3 – Can meet basic food needs but requires occasional assistance  
                          4 – Can meet basic food needs without assistance  
                          5 – Can choose to purchase any food household desires

Childcare:           1 – Needs childcare, but none is available/accessible  
                          2 – Childcare is unreliable or unaffordable; inadequate  
                          3 – Affordable subsidized childcare is available but unreliable  
                          4 – Reliable, affordable childcare is available  
                          5 – Able to select quality childcare of choice  
                          6 – N/A

- Children's Education: 1 – One or more eligible children not enrolled in school  
2 – One or more eligible children enrolled in school but not attending classes  
3 – Enrolled in school, but one or more children only occasionally attending classes  
4 – Enrolled in school and attending classes most of the time  
5 – All eligible children enrolled and attending on a regular basis  
6 – N/A
- Adult Education: 1 – Literacy problems and/or no high school diploma/GED are barriers to employment  
2 – Enrolled in literacy and/or GED program and/or has sufficient command of English to where language is not a barrier to employment  
3 – Has high school diploma/GED  
4 – Needs additional education/training to improve employment situation and/or to resolve literacy problems to where they are able to function effectively in society  
5 – Has completed education/training needed to become employable. No literacy problems.
- Health Care: 1 – No medical coverage with immediate need  
2 – No medical coverage and great difficulty accessing medical care when needed. Some household members may be in poor health  
3 – Some members (e.g. children) on AHCCCS  
4 – All members can get medical care when needed but may strain budget  
5 – All members are covered by affordable, adequate health insurance
- Life Skills: 1 – Unable to meet basic needs such as hygiene, food, activities of daily living  
2 – Can meet a few but not all needs of daily living without assistance  
3 – Can meet most but not all daily living needs without assistance  
4 – Able to meet all basic needs of daily living without assistance  
5 – Able to provide beyond basic needs of daily living for self & family
- Family Relations: 1 – Lack of necessary support from family/friends  
2 – Family/friends may be supportive but lack ability or resources to help; family members do not relate well with one another; potential for abuse or neglect  
3 – Some support from family/friends; family members acknowledge and seek to change negative behaviors; are learning to communicate and support  
4 – Strong support from family or friends; household members support each other's efforts  
5 – Has healthy/expanding support network; household is stable and communication is consistently open

Mobility:

- 1 – No access to transportation, public or private; may have car that is inoperable
- 2 – Transportation is available but unreliable, unpredictable, unaffordable; may have care but no insurance, license, etc.
- 3 – Transportation is available and reliable but limited and/or inconvenient; drivers are licensed and minimally insured
- 4 – Transportation is generally accessible to meet basic travel needs
- 5 – Transportation is readily available and affordable; car is adequately insured

Community

Involvement:

- 1 – Not applicable due to crisis situation; in ‘survival’ mode
- 2 – Socially isolated and/or no social skills and/or lacks motivation to become involved
- 3 – Lacks knowledge of ways to become involved
- 4 – Some community involvement (advisory group, support group) but has barriers such as transportation, childcare issues
- 5 – Actively involved in community